

# Tonic

day spa



• Skin • Massage • Beauty  
*...and so much more*

# for your information

At Tonic Day Spa we endeavour to deliver the highest quality of service, treatments and products. Our therapists are all experienced, trained and skilled in their selected treatments. We use the highest quality leading products, consistently source new and innovative treatments and provide ongoing training for all our staff.

## **CANCELLATION POLICY**

- Full refund will be given providing the appointment has been cancelled in advance with at least 24 hours notice prior to the appointment time for singular services and 48 hours for multiple services or packages.
- Failure to cancel within this period will incur a £10 charge per 15 minute of booked appointment time. This also includes re-scheduling of appointments.
- Failure to attend your appointment will result in full payment being charged.

## **NEW CLIENTS**

Please note all new clients are asked to pay for their first treatments in advance, at the time of booking.

## **WEBSITE BOOKINGS**

Please check out our on-line booking for easy and convenient booking any time of day or night. All website bookings must be paid for at time of booking.

## **GIFT VOUCHERS**

Whether it's for a special occasion, or 'just because', a Tonic Day Spa Gift Voucher gives your someone special the opportunity to spoil themselves.

Vouchers are available for selected treatments or in monetary amounts, allowing the recipient to choose their ideal treatment and taking the stress away from you.

In a rush - Gift vouchers can be purchased via our website.

*Prices correct at time of printing - September 24*



# Tonic skin hub



Do you ever find yourself overwhelmed by the choice of facials available? With social media buzzing with endless advice and recommendations, it's easy to feel lost. At Tonic, we're here to simplify your skin journey with a personalised approach tailored specifically to your unique needs and goals.

Our 50-minute skin consultation goes beyond just the surface. We take a holistic view, considering not only the current condition of your skin but also your overall health, lifestyle, and daily habits.

By understanding these factors, we craft a bespoke treatment programme and provide product advice that's perfectly suited to you.

# mindful skin

## SKIN CONSULTATION

50 minutes £65

During the consultation, our experts will conduct a thorough analysis of your skin type, assess your current skincare routine, and discuss any concerns or goals you may have. We believe that healthy skin is not just a destination but an ongoing journey. That's why we offer continuous support and guidance, ensuring that you maintain and even improve your skin's health over time.

Our consultations are designed to empower you with knowledge, giving you the tools and confidence to care for your skin effectively. By the end of your session, you'll have a clearer understanding of how your skin functions and what it truly needs to thrive.

Take the first step towards unlocking radiant, healthy skin with Tonic. Book your consultation today and let us help you navigate the often-confusing world of skincare with expert advice and tailored solutions designed to meet your unique needs.

Your skincare journey is just beginning, and we're excited to help you along the way.

# byonik

## BYONIK CELLUAR REJUVENATION

75 minutes £185

BYONIK® regenerates, repairs, and protects your skin by stimulating the cellular processes with its uniquely gentle, patented laser treatment combined with an infusion of hyaluronic gels with antioxidants into the skin delivering instant smoother skin and a glowing complexion. Volume is increased, and contours become more defined. Helping the skin to keep its youthful appearance and slow down the ageing process.

## BYONIK QUICK POWER

60 minutes £60

A powerful add on to any facial provides deep cell protection, anti-inflammatory benefits and increased hydration.

Bespoke combined course start from £999



## exceed

### EXCEED MICRONEEDLING

Revitalise your skin with the advanced Exceed Microneedling treatment, designed to rejuvenate and enhance your complexion. This cutting-edge procedure uses precision-engineered needles to create microchannels in the skin, stimulating your body's natural healing process. The result is increased collagen production, reduced fine lines and wrinkles, improved skin texture, and diminished scars and pigmentation. Exceed Microneedling offers a safe, effective way to achieve smoother, firmer, and more radiant skin. Perfect for those looking to refresh their appearance and restore youthful vitality.

Single treatment	£185
Combined Image Peel and Microneedle Course	£999
All courses include Image SPF Moisturiser (91g).	

## geneo+

Experience the ultimate in skin rejuvenation with the Geneo 4-in-1 Facial. This advanced treatment integrates skin tightening, exfoliation, oxygenation, and product infusion for a radiant, refreshed appearance.

The treatment begins with TriPollar radio frequency to stimulate collagen and tighten skin. The Geneo oxy pod then performs exfoliation, infuses oxygen, and delivers targeted active ingredients through a unique microbubble process. Complete with ultrasound to enhance product absorption and promote cellular renewal, the Geneo 4-in-1 Facial leaves your skin visibly tighter, brighter, and plumped. Suitable for most skin types and customisable with a choice of oxy pods.

Full treatment	£135
including RF, Oxygenation and Ultrasound TriPollar Radio Frequency	only £90



## dermalux flex

### **DERMALUX FLEX LED**

Experience the power of light therapy with our Dermalux LED treatment, designed to rejuvenate and heal your skin at a cellular level. Suitable for all skin types, this non-invasive treatment uses clinically proven wavelengths of light to boost collagen production, reduce inflammation, and improve overall skin tone and texture.

Whether you're dealing with acne, signs of aging, or simply want to enhance your skin's natural radiance, Dermalux LED delivers scientifically backed benefits. It accelerates skin repair, reduces redness, and promotes a healthy, glowing complexion, making it an essential treatment for achieving and maintaining beautiful, healthy skin.

### **DERMALUX FLEX EXPRESS FACIAL** 40 minutes £50

For best results book a course of 6 Dermalux Facials £250  
Add Dermalux Flex to any other therapy for £25  
or 6 Add On Treatments £125

## dermaplaning

Dermaplaning treats fine lines, uneven skin tone, open pores, pigmentation, dry skin and that unwanted facial hair. Using a surgical scalpel, dead skin and fine vellus hair (peach fuzz) are gently scraped away from the skin's surface giving clients immediate brighter, smoother skin. It is a form of deep exfoliation that improves cell turnover and healing, as well as allowing better penetration of skin care products, leaving the skin more radiant and healthier looking.

### **DERMAPLANING** with Dermalux LED therapy

£65

## chemical peels

### **IMAGE-CLINICAL COUTURE PEELS**

A physician-formulated Chemical peel designed to power away dull, dead cells to illuminate the skin and reduce the appearance of fine lines, wrinkles, age spots, clogged pores and blemishes, then support collagen for firmer-looking skin over time.

Whatever the challenge - sun damage, acne, aging, rosacea a bespoke treatment will be tailored to your exact skin concern by our skin expert.

Prices start from £80

# [comfort zone] therapies

## [COMFORT ZONE SKIN, SCIENCE + SOUL]

Comfort Zone merges ancient rituals, aromatic oils, massage techniques and high-tech scientific molecules to deliver unique facial and body treatments that offer visible results wrapped in nurturing relaxation techniques.

## face

### **SIGNATURE FACIAL**

**60 minutes £65**

This Signature Facial is specifically tailored to your skin's needs. Based on your individual skin expert consultation, your therapist will choose from a range of results driven skin care solutions to create your own personal facial. Your sensitive, oily, dry or combination skin will be truly nourished, hydrated and purified offering visible results. Ask your skin expert for more information on how you can upgrade your facial.

### **HYDRA GLOW**

**60 minutes £75**

This refreshingly active facial combines a unique combination of lactic and hyaluronic acids for immediate hydration and vitality. Inspired by a sub zero trend, Ice Spoons are used to perform a specific massage for lymphatic drainage and toning leaving your skin refreshed, toned and radiant.

## body

### **SIGNATURE BACK FACIAL**

**50 minutes £65**

This Signature treatment is specifically tailored to your back's needs. Based on your individual skin expert consultation, your therapist will choose from a range of results driven skin care solutions to create your own personal back facial including cleanse, exfoliation, massage, mask and moisturise to finish.

### **HIMALAYAN BODY THERAPY**

**80 minutes £80**

An extraordinary ritual for the body - for everyone in need of renewal and purification this treatment re-mineralises the body, improves skin tone and helps relieve aches and pains. Warm Himalayan salt stones are used to warm the body alleviating tension before applying an exhilarating Himalayan salt scrub combined with nourishing aromatic oils to exfoliate, detoxify and stimulate metabolism. Relax whilst cocooned in a muslin wrap and enjoy a head and scalp massage, (or upgrade with an express facial). Complete your therapy with a full body moisturiser and back massage to alleviate tension. This treatment is designed to relieve stress, restore vitality and bring balance to the mind and body.

**Add Express Facial £20**

# aesthetics

At Tonic Day Spa we are delighted that all Aesthetics treatments we provide are carried out by Dr Sara Ramond-Stokes. With over 14 year's experience and Harley Street trained in aesthetics, Dr Sara strives to deliver the best in anti-aging and facial sculpting offering revolutionary treatments where once surgical procedures were used. A consultation is required to determine individual needs, offering you a tailor-made treatment plan.

## FILLERS

We offer a range of fillers including:

Juvéderm® Belotero® and Teosyal®

Lips	from £150
Scars	from £150
All other areas	from £200

Areas treated: lips, cheeks, nasolabial lines, marionette lines, chest, back of hands and scars.

## ANTI-AGING TREATMENT

Bocouture® and Botox®

One area	from £190
Two areas	from £245
Three areas	from £300

Areas treated: frown lines, forehead, crows feet (eye lines), lower face and neck treatment as part of a non-surgical facelift and subtle lip enhancement.

## SKIN TAG REMOVAL

from £50

## PLENHYAGE XL

Plenhyage XL is a unique injectable treatment that uses DNA to alter the behaviour of skin cells and promote skin regeneration. Plenhyage XL is a polynucleotide injectable treatment that stimulates fibroblasts in the skin cells to produce more collagen, elastin, and hyaluronic acid. It improves skin quality, thickness and hydration of any area, but will be particularly useful for the face, including the under-eye area, neck, décolletage and hands. Plenhyage XL has also been shown to reduce the inflammation of the skin, rosacea, scarring and pigmentation due to sun damage.

One treatment or top up	£280
Course of three treatments	£700
Course of four treatments	£900

Bespoke combined courses for skin treatments start from £999



# Tonic massage hub



Step inside our Massage Hub Suite and immerse your senses with aromatherapy oils, soothing music and soft lighting designed to melt your cares away. Enjoy one of our many luxurious treatments.

# ritual therapies

## **MINDFUL MASSAGE**

80 minutes £100

first treatment with consultation £120

Step into a realm where body and soul align with tranquillity and inner peace through our Mindful Massage. This bespoke, holistic experience is carefully crafted to nurture your mind, body, and soul combining elements of both healing practises and massage techniques. By focusing on your personal needs, Mindful Massage promotes physical relief, emotional balance, and a deeper connection to your inner self. Whether you're seeking stress reduction, muscle relief, or spiritual rejuvenation, this holistic approach ensures you leave feeling refreshed and aligned. This bespoke treatment is tailored to your individual needs each session is truly unique.

Add on a facial for only £35.00

## **URBAN RITUAL**

80 minutes £80

This massage is truly holistic in every way. The treatment begins with dowsing of the chakras to determine where you are out of balance before an aromatherapy oil is blended to assist in bringing harmony back to the body and mind - then your therapy begins. Start with inhalation of your personal blended oils before relaxing with a massage to the face and arms. Melt away with Reiki followed by Aura dowsing to rebalance your chakras and relax your mind. Continue your treatment with massage to the legs and back before the final touch - an Indian head scalp massage. Sheer bliss.

## **OTO CBD RITUAL**

70 minutes £80

This truly holistic therapy combines the power of CBD, essential oils and soundscapes, resulting in regeneration and relaxation through your entire mind, body and spirit.

Your therapist will help you choose from our 3 unique therapies best suited to your individual needs:

**Balance** - combines OTO CBD infused with Jasmine, Helichrysum and Roman Chamomile, and Sen-line energy balancing.

**Focus** - combines OTO CBD oil infused with Ginger, Black Pepper and Frankincense and Chakra balancing.

**Amplify** - combines OTO CBD oil infused with Bitter Orange, Grapefruit and Juniper Berry, coupled with a deep tissue bamboo massage to rejuvenate deeper levels of the muscle.

## **TRANQUILITY RITUAL**

60 minutes £70

A perfect combination of relaxation and massage, this therapeutic massage starts with soft brushes dipped into warm aromatic oils. The brushes are used to apply Tranquillity oil to the body in a slow soothing motion relaxing the mind and body. A massage is then performed using therapeutic techniques to relieve muscular stress and tension.

*Pressure can be adapted - light, medium or firm.*

# massage

## HOT STONE

Using a combination of massage techniques and healing energetic stones, this treatment will melt your body and soothe your mind, leaving you totally relaxed. This relaxing and therapeutic treatment uses volcanic stones which are heated to 56 degrees and used to massage you and soothe the muscles.

This is more than just a massage...

<b>Stress Relief Back Massage</b>	25 minutes £36
<b>Full Body including Face and Scalp</b>	50 minutes £64
<b>Deep Tissue Full Body Massage</b>	70 minutes £70

## HYDROTHERM

This unique massage is performed on a cushion of warm water, which provides a luxurious and unsurpassed massage experience. The water supports the body and the heat enables tight muscles to begin to relax before the massage even starts.

Massage can be varied in depth to suit your needs.

<b>Half Body Massage</b>	40 minutes £48
<b>includes Back, Stomach, Arms and Face</b>	
<b>Full Body Massage</b>	50 minutes £64
<b>Deep Tissue Massage</b>	70 minutes £70

## SWEDISH

Traditional Swedish Massage is a full body massage using long strokes of effleurage and deep manipulation to help relieve muscle stress and tension relaxing you and your body.

Pressure can be adapted to your preference

- light, medium or firm.

<b>Stress Relief Back Massage</b>	25 minutes £34
<b>Back of Legs, Back, Face and Scalp Massage</b>	40 minutes £48
<b>Full Body including Face and Scalp</b>	50 minutes £60
<b>Full Body Massage with Reiki</b>	70 minutes £70

<b>CORRECTIVE MASSAGE</b>	first treatment 40 minutes £50 including consultation follow up 30 minutes £42
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This treatment works upon knots and areas of sensitivity within the muscle, ligaments and surrounding tissues.

Corrective Massage is particularly recommended for athletes and sportsmen/women and specific muscular problems.

<b>DEEP TISSUE FULL BODY MASSAGE</b>	65 minutes £70
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Deep tissue massage is a massage technique which involves applying pressure to target the inner layers of your muscles and connective tissues. This helps to break up scar tissue that forms following an injury and reduce tension in muscles, ligaments and surrounding tissues. Unlike other massage techniques that focus on relaxation, deep tissue massage helps to treat muscle pain and improve stiffness.

# holistic therapies

## REFLEXOLOGY

50 minutes £54

Course of 6 sessions £280

All the systems in your body need to be working together well to maintain a healthy balance. Stress, injury or illness can cause the balance to be disrupted. Using special finger/thumb combinations Reflexology helps balance the body's natural energy pathways and in turn balances the nine systems. Reflexology can assist in numerous conditions, such as endometriosis, IBS, migraines, arthritis, fertility and cystitis to name a few...

## REIKI

first visit £60 then 50 minutes £54

Feeling stuck in a rut? Suffering from anxiety, insomnia or depression? Stressed, bereaved or generally in need of a pick me up, then Reiki is just for you. Working on our internal energy system, Chakras, Reiki retunes, rebalances and re-energises you to bring about mental, physical and emotional healing. This treatment is performed fully clothed.

## INDIAN HEAD

25 minutes £36

For over a thousand years Indian head massage has been a part of family tradition in India. Benefits include increased relaxation and stress relief. The massage will also improve the condition of the scalp, hair and general state of health. Treatment includes massage to the upper back, shoulders, neck, scalp and face, using hot oil.

## INDIAN HEAD WITH REIKI

50 minutes £58

This technique combines traditional Indian head massage with the healing power of Reiki, making this a physically and spiritually rebalancing and relaxing treatment.

## HOPI EAR

40 minutes £46

This treatment is designed to relieve problems of the ear, such as ear wax, tinnitus and sinus problems. The ear candle creates a slight suction action, whilst a gentle vibration affects the ear drum having a massaging and soothing effect.



# Tonic beauty hub

## eyes

**HD BROWS** £42  
Maintenance 4-6 weeks £28

A bespoke eyebrow treatment combining a custom-blended colour, hair removal and make up application to create your perfect look.

**HD BROWSCULPT** £50

Brow lamination with a bespoke HD Brows twist. This corrective treatment helps you to achieve your desired shape for up to 6 weeks.

### TINTING

Eyebrow Tinting £10

Eyelash Tinting £22

Eyebrow & Eyelash Tinting £27

Eyebrow Shape, Tint & Eyelash Tint £38

**EVL LASH LIFT AND TINT** £48

Extend, Volumise & Lift, EVL Lashes is the latest in eyelash treatments which lasts up to six weeks depending on individual's lash cycle.

### LASH EXTENSIONS

Full Set £60

Maintenance

2 weeks £36

3 weeks £46

**EXPRESS LASH** £44

Using individual lashes. Lashes last approximately 2-3 weeks before being removed and a new set applied. No infills required.

**FAKE TAN** £38

Introducing Bondi Sands-Australia's leading Tan. Choose from a range of colours to suit your skin. In a rush? Try Bondi Sands express tan.

**Please note a patch test is required 48 hours before any tinting or lash treatment.**

# waxing

At Tonic we ensure that our therapists are experienced, qualified and fully insured to offer this specialised service. We offer both traditional strip waxing and hot wax. Our therapists will tailor your wax using the best products and method for your skin and hair.

Face Wax	£13
Lip Wax	£8
Chin Wax	£10
Lip and Chin Wax	£15
Bikini Wax	£16
Extended Bikini Wax	£22
Brazilian Wax	£30
Hollywood First Treatment	£42
Hollywood Maintenance	25 minutes £34 40 minutes £40
Half Leg Wax	£24
Three Quarter Leg Wax	£30
Full Leg Wax	£35
Buttocks Wax	£18
Lower Arm Wax	£22
Full Arm Wax	£28
Underarm Wax	£16
Eyebrow Shape	£15

Mens waxing available: see page 14.

Please note hair should be a suitable length for waxing. We advise not shaving for two weeks before your treatment. Do not use perfumed products or deodorants, do not swim, use a sunbed or heat treatment for 48 hours after your treatment. If in doubt call in for a pre-treatment consultation.



# nails

At Tonic Day Spa we offer a wide range of nails using 7-day wear Nail Varnish and Gel Colours. With over 100 colours in stock, you'll be stuck for choice. We guarantee all gel polish for 10 days.

## EXPRESS NAILS

Designed to touch up or change polish. Includes cuticle tidy, file and polish to finish.

Hands	with Polish £30	with Gel £36
Feet	with Polish £30	with Gel £36

## PRESCRIPTIVE MANICURE

Renew and refresh your hands. This treatment includes hand exfoliation and massage, cuticle tidy and a polish to finish.

Hands	with Polish £36	with Gel £40
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## PRESCRIPTIVE MEDIPEDI

More than just a pedicure. The ultimate treat for your feet using the world's first ever Pediceuticals range. This results driven technology is used to treat a variety of foot problems including dry skin, callus, cracked heel, anti-fungal, cold feet, sweaty feet and tired legs.

Feet	no Polish £36	
	with Polish £40	with Gel £44

## IBX NAIL THERAPY

A revolutionary nail treatment that works from the inside out to target imperfections and damage for stronger healthier nails. Add to any nail treatment for £16

## NAIL ENHANCEMENTS - Rock Hard Acrylics, Calgel or BIAB

FULL SET £52    INFILLS £44    OVERLAYS £46    TIP £7

## NAIL ART AND DIAMANTÉS

Prices start at £10

## SOAK OFF

Soak Off Gel Nails £6.50    Soak Off Nail Enhancements £15

If nails are not being replaced the cost is:

Nail Enhancements £30    Gel Nails £20

including protein treatment to repair and protect.



# Tonic men's hub

Prioritise your well-being with our tailored services, designed specifically for men. Whether you're seeking relaxation, rejuvenation, or some manscaping we offer personalised treatments that cater to your lifestyle and needs.

Our services include:

## MASSAGE THERAPY

Relieve stress and tension with deep tissue, sports, or Swedish massages. Check out [The Massage Hub](#) page 7.

## STRESS MANAGEMENT

Discover our wellbeing and holistic therapies to enhance your mental well-being and reduce stress. See [page 10](#).

## SKINCARE TREATMENTS

Nourish and protect your skin with our customised **SPORTS FACIAL** designed to refresh and brighten.  
40 mins £45

Add-on Byonik Quick power to your facial for deep cell protection, anti-inflammatory benefits and increased hydration £60

For a full range of Facials check out [Skin Hub](#) on page 1.

## GROOMING ESSENTIALS

Stay sharp with our choice of essential grooming listed below:

### ESSENTIALS

Hand & Nail	£32
Foot & Nail	£32
Eyelash Tint	£22
Eyebrow Tidy	£15

### WAXING

Back Wax Upper	£32
Back Wax Full	£42
Chest Wax	£32
Buttocks	£32
Groin	£32
BCS <i>now available</i>	£85-£100
Ears	£15
Nose	£15
Ears, Nose and Eyebrow Shape	£35



# tailor made packages

In need of a treat? Just one hour won't do? Well take a look at what we have tailor made just for you...

## **TOTAL INDULGENCE** **2 hours 10 minutes £130**

A package of complete relaxation. Indulge your senses with our selection of pre blended Aromatherapy oils before your journey begins. A Full Body Brush will renew and refresh your skin before you relax and unwind with a Full Body Massage and Comfort Zone Sublime Facial. Soothe your mind with a rebalancing of your chakras then complete your journey with Indian Head Scalp Massage.

## **THE PERFECT TONIC** **5 hours 25 minutes £250**

### **Including lunch**

This five hour package has been around since Tonic Day Spa opened and years on is still a hit. If you need a complete day away then join us for 'The Perfect Tonic.

- Indulge your senses with our selection of pre blended Aromatherapy oils before your journey begins.
- Start with a Body Brush and Full Body Massage to relax and unwind.
- Comfort Zone Sublime Facial to refresh, renew and restore your skin.
- Reiki - chakra balancing to soothe your mind.
- Enjoy lunch on us before an afternoon of beauty with Gel Pedicure and Manicure.
- Complete your look with an Eyelash Tint, Eyebrow Shape and Eyebrow Tint.

## **HOLIDAY COUNTDOWN** **2 hours 10 minutes £130**

Feel great all year round with this perfect two hour grooming package.

- Gel Express Manicure and Pedicure, Eyebrow Shape and Tint, Eyelash Tint and Fake Tan.

## **MEN'S TIME TO UNWIND** **2 hours 10 minutes £130**

Banish the inner caveman with this two hour package.

- Start with a Body Brush.
- Full Body Deep Tissue Massage to relax you from your head to your feet.
- Sports Facial to refresh and renew.
- Complete your treat with an Eyebrow Shape and Hand and Nail Tidy.

*Check out our men's treatment on page 14.*

**Please note a patch test is required 48 hours before any tinting or lash treatment.**

## **PRECIOUS BUNDLE PREGNANCY TREATMENT** £130

This 2 hours 30 minutes package is tailor made for mummy and baby.

- Ease away your aches and pains with a Stress Relief Back Massage before enjoying a Lower Leg Massage and Reflexology.
- Reiki will destress and refocus the mind.
- Complete your pamper with a Prescriptive Pedicure.
- This package is designed to pamper and de-stress mother and baby.
- All therapies are safe during pregnancy and recommended after the first trimester through to birth.

## **JUNIOR TREAT** 80 minutes £80

Under 13 years old.

- Combining a relaxing Back Massage, Teen Balancing Facial and Manicure.
- Come along together and enjoy.

## **TRANQUILITY SUBLIME THERAPY PACKAGES**

Back Therapy 80 minutes £85

Full Body Therapy 1 hour 40 minutes £110

This package is designed to restore vitality to the face and body, relieve tension and bring about a deep relaxation.

This luxury package begins with warm Himalayan salt stones, used to exfoliate, removing dulling dead cells, brightening and restoring the skin whilst the warmth aids relaxation. Unwind with a Tranquillity massage - soft brushes dipped into warm aromatic oils, brushes are used to apply Tranquillity oil to the body in a slow soothing motion relaxing the mind. A massage is then performed using therapeutic techniques to relieve muscular stress and tension followed by a Sublime Skin facial customised to your skin specific needs.

### **CAN'T FIND YOUR PERFECT PACKAGE?**

*Call us and let us design a bespoke package just for you.*

## **ONCOLOGY TREATMENTS**

At Tonic we understand the needs of those suffering with and being treated for cancer. Our specialist staff are trained and certified by Amethyst Trust to provide Oncology support therapies. *Please contact us for a free consultation so we can discuss your needs.*

## **PREGNANCY TREATMENTS**

We offer a wide range of therapies designed to relax and aid your body during pregnancy after the first trimester. Check out our website <https://tonicdayspa.co.uk/treatments/pregnancy-treatments/> Or call for more information.



# Tonic day spa



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Please check out our website for a  
FULL LISTING OF TREATMENTS, SPECIAL OFFERS  
AND PACKAGES AVAILABLE.

Please be aware that Terms and Conditions may apply.  
Check out our website for full details.

Website



Online Booking



*Download our app, sign up for our monthly newsletters,  
friend us on Facebook, check out our website  
or just give us a call to find out about our monthly offers  
and competitions.*